

1-1-5,2-1

My Strengths Collage

Grade Level	First
Minimum Time Required	30 Minutes
Materials/Resources	Paper/Pencil, Crayons, Glue
Subject Area(s)	Guidance

Project Description:

1. Brainstorm the meaning of “strength”. Ask each student to choose a strength he/she has.
2. Next, ask them to draw a picture of themselves doing that activity. Cut out and paste each student’s drawing on a large poster board.
3. Overlap and connect the strengths to illustrate the importance of everyone’s strength contributing to the whole. Make sure each child’s name appears with their contribution.
4. Ask students to discuss the following:
 - a) What is the difference between bragging and sharing a strength?
 - b) Are there many different strengths?
 - c) How important are strengths in a group?
 - d) Does everyone have at least one strength?
 - e) Are some strengths easier to see?
 - f) Why do some people think they don’t have any strengths?
 - g) How would you feel if you didn’t think you had any strengths?
 - h) How do we develop new strengths?
 - i) How do we learn to appreciate the strengths of others?

Career Development Standard	Knowledge of the importance of self-concept. Skills to interact with others.
Career Development Indicator	Identify personal interests, abilities, strengths and weaknesses. Identify how people are unique.
Delivery Level	Review
Academic Standards	
Language Arts	4.2.c Use accepted language in personal communication. 4.3.c Use various resources to support oral presentations, e.g., drawings, posters.
Employability/SCANS Skills	Basic Skills Thinking Skills Personal Qualities
Assessment/Rubric	Students will identify at least one strength.

Submitted by: Elementary Group NCDG